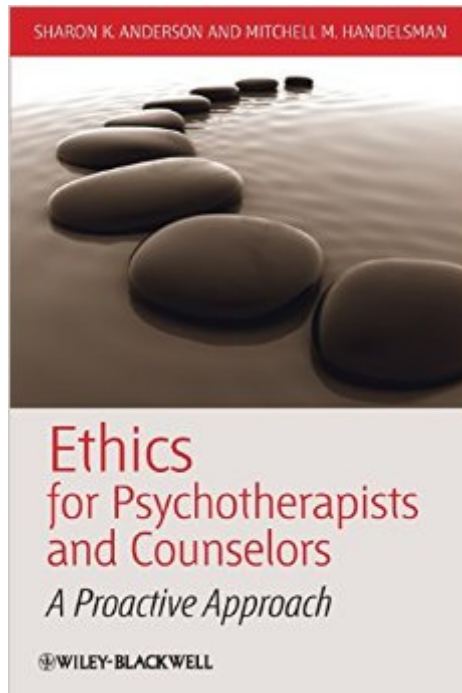


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# Ethics For Psychotherapists And Counselors: A Proactive Approach



## Synopsis

Ethics for Psychotherapists and Counselors utilizes positive discussions accompanied by a variety of thought-provoking exercises, case scenarios, and writing assignments to introduce readers to all the major ethical issues in psychotherapy. First book designed to engage students and psychotherapists in the process of developing a professional identity that integrates their personal values with the ethics and traditions of their discipline. Authors take a positive and proactive approach that encourages readers to go beyond following the rules and to strive for ethical excellence. Utilizes a variety of thought-provoking exercises, case scenarios, and writing assignments. Authors present examples from their own backgrounds to help clarify the issues discussed. Text emphasizes awareness of one's own ethical, personal, and cultural backgrounds and how these apply to one's clinical practice.

## Book Information

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## Customer Reviews

An excellent treatment of the topic of ethics in psychotherapy and counseling. Written in a non-technical manner with many excellent examples which illustrate the main points of the presentation. An excellent book for use in a college level ethics course or for the lay person or professional wanting a more complete understanding of the often complex ethical issues in the fields of counseling and psychology.

This text is a hands-on review of ethics for counsellors. The subject is immediately useful for

clinicians. It is easy to read and motivating. The examples are real life. I am most impressed.

I originally purchased this book for a very specific purpose--to get some ideas for a continuing education course I and a co-author were in the process of creating. However, I found myself becoming absorbed by it. It is a different kind of ethics textbook to be sure. You have to put yourself right into it and reflect on what you believe and know (or think you know). A great read for its own sake! Highly recommended to other mental health professionals and ethics instructors.

This book differs from other ethics books in that it does not focus on laws, statutes, or ethics codes. Instead it includes a numbers of commentaries and exercises that help students reflect on what ethics means to them and how they can translate their good intentions into good professional behavior. It is well written and contains a lot of useful exercises.

I used Anderson and Handelsman's highly interactive text for a graduate ethics course. The emphasis on "acculturating" to ethics in psychology provides an excellent overall framework for any ethics course. Anderson and Handelsman also emphasize the "journey" of learning ethics in the field of psychology whereby students truly become "active explorers" in this process. The activities suggested in the book help each one of us become more aware - of our biases, our morals, our values - and also become more aware of our responsibilities to the profession of psychology. The case examples include multiple variations on themes that encourage students and professors to consider multiple perspectives and thus truly stimulate a higher level of class discussion. The informal tone of the book makes for a delightful read. It reads as if the authors are sharing trade secrets over a brown bag lunch all in the interest of the greater ethical good. If you desire to practice near the ethical ceiling and/or to teach your students to do the same, this is a go-to text!

This is the sort of Ethics book I have searching for to use with graduate students. It meets our needs and is exceptionally well laid out. It provides a solid basis for becoming an ethical professional. I like the variety of exercises it provides. Michael G. Ditsky, PhD

A great, inspirational book on ethics.

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